



s p a &  
w e l l n e s s

EXCLUSIVELY AT  
FONTAINEBLEAU LAS VEGAS

W E L C O M E T O

# *A Sensory Odyssey*

With a wellness philosophy that playfully transcends time and place, Lapis Spa and Wellness invites you to indulge in a meticulously curated blend of ancient, global traditions, and cutting-edge technology. Immerse yourself in an otherworldly sanctuary, where the healing power of water, communal connections, and knowledgeable hands guide you to a state of blissful renewal.

A name that honors the rare Lapis Lazuli, or “stone of the heavens,” Lapis Spa embodies the inclusive grandeur of the celestial skies that set our daily rhythms: unified and undivided, with no beginning or end, and belonging to all.

Relax in an all-encompassing sensory experience that transports and transforms you – mind, body and spirit.



# CELESTIAL WATERS

## Passport

An idyllic way to revitalize the body and soothe the mind, the Celestial Waters Passport allows guests to enjoy the profound benefits of contrast therapy – moving between heat and cold – while exploring the expansive first level at their own pace. Experience Lo-Tide Mornings for zen vibes, or Hi-Tide Afternoons for a more vibrant atmosphere.

### 4 HOUR ACCESS TO:

Event Sauna Experience

Stargazing Lounge

Celestial Waters

Vitality Pools

Steam Room

Infrared Sauna

Himalayan Salt Room

Star & Snow Showers

Salt Mist Therapy

Oxygen Therapy

Heated Tepidarium Chairs

Cold-Plunge Pools



EXPERIENCE

# *Balance Restored*

Drawing inspiration from the ancient wisdom of Circadian rhythms and the moon's gravitational pull, we orchestrate each day with two distinct phases: Lo-Tide Mornings and Hi-Tide Afternoons. According to Ayurvedic time principles, being in sync with the day creates an equilibrium from which our minds and bodies perform at their best. Each day, we invite you to align with the harmony of these phases as we celebrate the transition with a small ceremony to show gratitude for the innate connection that binds us to the universe.



## LO-TIDE MORNING

As the sun ascends, Lapis transforms into a haven of serenity. For guests seeking a grounding experience to quiet the mind and soothe the spirit, Lo-Tide Mornings offer tranquil lighting, calming melodies, and aromatherapy in comforting essence of lavender and chamomile.

Immerse yourself in wellness rituals like the Aufguss, an evocative experience held in the Event Sauna, guiding your senses on a journey of mindful restoration during this meditative Lo-Tide phase.

9AM – 2PM | DAILY

## HI-TIDE AFTERNOON

As the day reaches its zenith, Lapis surges, infused with energy. Socially-focused, the Hi-Tide atmosphere brightens with upbeat music, vibrant illumination, and exhilarating aromas like pine, citrus and spearmint. The Aufguss experience in the Event Sauna becomes an invigorating party atmosphere to awaken communal bonds and activate the mind. Recommended for groups, Hi-Tide Afternoons offer a dynamic atmosphere to reenergize the body and soul.

2PM – 7PM | DAILY

## EVENT SAUNA

# *The Art of Aufguss*

From the German word for “infusion,” Aufguss is a treasured Nordic spa tradition where heat, music, and communal connection converge. Step into Lapis Spa’s specially created Event Sauna, an atmospheric theater-in-the-round style room where the Aufgussmeister takes center stage. Over the course of 15 minutes, you will experience a one-of-a-kind performance incorporating aromatherapy, choreography with dancing towels, and hypnotic imagery projected onto a 110” LCD screen.

Please note the Aufguss experience is customized to suit both the Lo-Tide and Hi-Tide phases, offering a more soothing journey in the beginning of the day and a more dynamic energy in the later hours.

15 MIN

LO-TIDE 10AM AND 11AM

HI-TIDE 3PM AND 4PM



## SIGNATURE SERVICES

Embodying the Lapis Spa philosophy of truly transformative service, the following therapies have been designed by our team of healers for optimal tranquillity, sensory revival, and lasting results.

### LAPIS SIGNATURE FACIAL

Thoughtfully tailored to your skin concerns, the Lapis Signature Facial is a gently cascading process designed to reveal your full radiance. After consultation, your aesthetician will prep the skin with a luxurious cleansing ritual. Your bespoke treatment will deliver vital ingredients that address your skin's unique needs: Deep hydration, soothing, purifying, age-correcting, or brightening.

Benefits: customized skincare, rejuvenation, revitalization, renewal

**60 MINUTES**

**90 MINUTES: Includes a peel-off mask and advanced circulation massage to lift and contour facial muscles, providing immediate results.**

### LAPIS SIGNATURE BODY MASSAGE

Utilizing the proven methods of contrast therapy, our signature massage is a stimulating escape for the body and the mind. We begin by melting away tension through each quadrant of the body, soothing muscles with a gently warmed body oil. Then, your body is wrapped for an invigorating head and face massage performed with a Kansa wand—a cool-to-the-touch ancient tool known to stimulate energy flow. Cool compresses and precious stones such as jade, quartz, or turquoise are placed on target areas of the body to achieve a restorative and sensory harmony.

Benefits: muscle recovery and alignment

**90 MINUTES**

## REBOOT LOUNGE

Conveniently located near the spa reception area, the Reboot Lounge welcomes those seeking spontaneous and efficient revitalization treatments focused on the feet and lower legs. Release tension and fatigue within the comfort of plush spa seating surrounded by hypnotic imagery inspired by nature.

### ENHANCEMENTS:

THERAGUN TREATMENT | 15 MINUTES

ARMS AND HAND MASSAGE | 15 MINUTES

KNESKO COLLAGEN MASK

COMPRESSION BOOTS



## REBOOT LOUNGE

### REBOOT SIGNATURE MASSAGE

Set in the comfort of a reclining chair, this treatment provides deep hydration and tension relief to legs and feet. Working through key pressure points on the feet, your therapist will soothe muscles for a comforting release, followed by targeted kneading of the hand and arm to alleviate aches and pains to leave you refreshed.

Benefits: relief from stress and pain, convenient, clothed

**45 MINUTES**

### DETOXIFYING FOOT TREATMENT

Give your feet and legs new life with this restorative treatment, beginning with a refreshing exfoliation. Next, a hydrating foot mask locks in moisture with a warm steam towel foot wrap. Finally, pressure-point massage using acupressure and flushing techniques leave your lower half optimally renewed.

Benefits: skin softening, tension release, and relaxation

**30 MINUTES**

### REVIVING FOOT AND LEG TREATMENT

After a long day on your feet, relieve tension and melt away stress with this treatment designed for quick tension muscle relief. We begin with an invigorating foot mask with purifying and moisturizing benefits, followed by an utterly relaxing foot and lower leg massage.

Benefits: tension release and relaxation

**30 MINUTES**

### COMPRESSION THERAPY FOR LEGS

Reboot your feet and legs with a 20-minute session in RecoveryAir compression boots. Pneumatic compression is the future of pressure massage, with precise pressure from the feet to the heart and back again to maximize circulation.

Benefits: improves circulation and relief for feet and legs

**20 MINUTES**

S U P E R N O V A S U I T E

*Exclusive  
Oasis*

Be transported to a world all your own in the lavish Supernova Suite, an exclusive spa within the spa. Ideal for more tailored groups of up to 8 guests, this sumptuously appointed suite offers a softly-lit lounge perfect for catching up over morning mimosas and a private whirlpool to unwind or celebrate in style.

Reserving the Supernova Suite ensures access to all main Celestial Waters areas as well as exclusive use of a private locker. Additional treatments may be booked for an additional fee.



# CHAMPAGNE SUPERNOVA

## Private Spa Experience

Complement the ultimate private spa suite experience with gracious catering service, offering fresh mimosas during Lo-Tide Mornings and a Champagne toast during Hi-Tide Afternoons.

240 MINUTES



## MASSAGE THERAPIES

# *Deeply Nourishing*

Embodying a philosophy of transformative treatments, our massage therapies provide ultimate relaxation tailored to each guest. Designed to pamper the body and relax the mind, our massages are performed in the serene comfort and privacy of our treatment rooms. Before your therapy begins, a skilled therapist will conduct a personalized consultation to understand your specific needs and preferences. We use premium massage oils and lotions to enhance the sensory experience and provide a truly indulgent service.



## **MASSAGE THERAPIES**

### **ODYSSEY MASSAGE**

A highly personalized wellness journey tailored to your individual needs, our Odyssey Massage encompasses your choice of Swedish or Deep Tissue techniques – or a combination of both. In addition to selecting a specific aromatherapy oil to awaken the senses, your therapist will consult with you prior to your service to curate the ideal blend of global massage traditions to achieve your desired result.

Benefits: customized care, muscle recovery, relaxation, and aromatherapy

**60 | 90 | 120 MINUTES**

### **EAST-WEST FUSION MASSAGE**

Truly invigorating and energizing, this specially created massage experience infuses both Eastern and Western methods to achieve holistic wellbeing throughout muscles and joints. Utilizing techniques such as rhythmic stretching, pressure point therapy, and deep tissue exploration, this Thai oil massage provides profound relief for stiffness, strain, and rigidity.

Benefits: tension relief, improved flexibility, and greater mobility

**90 | 120 MINUTES**

### **MANA LOMI® MASSAGE**

The Mana Lomi® technique is rooted in the ancient Hawaiian concept of working with the “mana,” or spiritual life force, of an individual. Focusing on the powerful movement of energy, this all-encompassing massage coaxes the body to a state of utter relaxation and inner harmony using long fluid strokes, forearm rolling, and rhythmic kneading.

Benefits: profound muscle relief, relaxation, and energy revival

**90 MINUTES**

### **THE X MASSAGE**

Known as the tenth cranial nerve, or cranial nerve X, the vagus nerve is the longest of its kind in the autonomic nervous system, and controls all involuntary body actions. The X Massage focuses on craniosacral therapy to activate and uplift this core system, incorporating Vagus Nerve Oil, aromatic warm compresses, and rhythmic kneading to cultivate a blissful, quietly euphoric state of consciousness.

Benefits: deep relaxation, regulation, and muscle tension relief

**90 MINUTES**

# MASSAGE THERAPIES

## Ayurvedic Treatments

Rooted in more than 3,000 years of wisdom, Ayurveda is one of the world's most ancient forms of healing. Seeking to balance the elements found naturally within us, the following treatments address the alignment of the three doshas – mind, body, and behavior – to achieve sublime equilibrium.



## AYURVEDIC MASSAGE THERAPIES

### FIVE-POINT STAR MASSAGE

Highly specialized and energizing, this stimulating massage focuses on reflex points of the five extremities: the hands, the feet, and the head. A warming exfoliation precedes a tension-melting massage for both hands and feet, which are then enveloped in soothing heated wraps. A restorative scalp and head massage follows, sealing the release of stress head-to-toe.

Benefits: full-body relaxation, and concentrated tension relief

**60 MINUTES**

### CHAKRA BALANCING MASSAGE

The seven chakras are known as the main energy centers of the body, running down the spine in alignment from the crown of the head. During the Chakra Harmony Massage, each chakra is addressed in turn with care and compassion, with each hands-on movement focused on restoring inner balance to the body. An Ayurvedic Kansa massage wand enhances the full-body experience, where the intentional placement of chakra stones and powerful aromatherapy all converge to uplift the spirit while positively grounding the body.

Benefits: full-body relaxation, muscle tension relief, and enhanced inner peace

**60 | 90 MINUTES**

## BODY TREATMENTS

# *Revive Your Body & Mind*

Body treatments are performed in a specialty room featuring a private shower and a Gharieni MLW Amphibia Treatment table. Offering profound muscle relaxation within minutes, this revitalizing table uses gently heated water cushions, a highly efficient oscillation massage system, and cutting-edge audio and vibro-acoustic stimulation to invoke a deep sense of inner peace.



## BODY TREATMENTS

### PURIFYING BODY CONTOUR WRAP

Release your body's toxins and begin anew with this mineralizing treatment featuring nutrient-dense seaweed. First, the skin is prepared with an uplifting salt exfoliation, followed by a nourishing body mask made of aloe and algae. A heated blanket gently envelopes the body to comfortably raise your core temperature. After a revitalizing rinse, a mineral-rich hydrating lotion is applied followed by a calming head massage to finish the treatment.

Benefits: total-body detoxification, skin hydration, and relaxation

**90 MINUTES**

### CELESTIAL COCOON

The Celestial Cocoon treatment is designed to leave you looking and feeling your best as well as visibly tone and firm targeted areas. We begin with a stimulating dry brushing followed by a deeply cleansing exfoliation using a proprietary collection of salts of the earth. After a refreshing shower rinse, a white algae mineralizing mask is gently painted onto the body.

Benefits: firming of targeted areas, exfoliation, and skin hydration

**90 MINUTES**

COUPLES TREATMENTS

# *Star-Crossed Connections*

Embark on a sensory journey together with the divine experience of a side-by-side treatment. Set in our stunning Orion, Nebula and Cosmic Suites, each couples experience is complemented by a couples shower, a private relaxation area, and personal restroom for your exclusive use.



## COUPLES TREATMENTS

### FOREVER GROUNDED

Connect with the natural bounty of the earth and each other with this grounding experience in one of our stunning Galaxy suites. We begin with a soothing foot ritual and transition to a revitalizing skin exfoliation using a meticulously curated selection of mineral-rich dead sea salts. Wash away your cares with a private couples' shower followed by a side-by-side customized massage.

Benefits: skin softening, tension release, relaxation, and natural revitalization

**150 MINUTES**

### LOVE IN BLOOM

Immerse in the essence of romance with this treatment offering a transportive experience accented by the intoxicating scent of roses. Embrace serenity with a ritualistic inhalation of rose essence, followed by an invigorating Soundarya body scrub. A full body massage using Sundarya Massage Oil follows the removal of the scrub, melting tension entirely. Your journey continues with a balancing bowl treatment to harmonize the body as well as a head massage and facial massage using rose quartz – the stone of universal love. Conclude your experience on a sweet note with gentle sips of rose-flavored hot cocoa by Elements Truffles.

Benefits: aromatherapy, skin softening, relaxation, and romantic bonding

**120 MINUTES**

*\* In addition to the experiences listed, all 60, 90, and 120 minute massages are also available as couples treatments.*

FACIAL THERAPIES

*Natural  
Glow*

Facial therapies at Lapis Spa utilize the GeneoX Facial Machine, a next-generation tool combining the advanced technologies of Oxfoliation™, ultrasound, and massage for optimum results.

ENHANCEMENTS:

CRYOTOUCH SERUM

KNESKO COLLAGEN MASKS

CELLUMO RED LIGHT THERAPY SESSION

BLUE INFRARED

DERMAFLASH



## FACIAL THERAPIES

### LAPIS SIGNATURE FACIAL

Thoughtfully tailored to your skin concerns, the Lapis Signature Facial is a gently cascading process designed to reveal your full radiance. After consultation, your aesthetician will prep the skin with a luxurious cleansing ritual. Your bespoke treatment will deliver vital ingredients that address your skin's unique needs: Deep hydration, soothing, purifying, age-correcting, or brightening.

Benefits: customized skincare, rejuvenation, revitalization, renewal

**60 MINUTES**

**90 MINUTES: Includes a peel-off mask and advanced circulation massage to lift and contour facial muscles, providing immediate results.**

### OXFOLIATE™ FACIAL

Revive your skin and address its unique needs with this blissfully thorough breakthrough treatment. First, Oxfoliate™ with energizing O2 bubbles, then amplify with LUX, our light ultrasound experience. Finally, a soothing lymphatic massage gently detoxifies while locking in the healing effects of advanced technology.

Benefits: customized skincare, brightening, detoxification, and renewal

**60 MINUTES**

**90 MINUTES: Includes red light LED therapy and undereye mask with extensive massage.**

### SCULPT & LIFT GUA SHA FACIAL

Rooted in the wisdom of ancient Chinese medicine, the sculpting effect of the Gua Sha Facial is the perfect antidote to the skin fatigue. This facial treatment utilizes a flat jade stone in sweeping motions along the contours of the jawline, cheekbones, forehead, and more to stimulate the skin's elasticity to lift and release tension in your facial muscles.

Benefits: gentle lifting and toning effect, tension relief, and increased collagen production

**90 MINUTES**

DR. BARBARA  
**STURM**

## MOLECULAR COSMETICS FACIALS

A world-renowned doctor in orthopedics, Dr. Barbara Sturm is a beloved pioneer in the world of anti-inflammatory techniques. Having translated her clinical research to the realm of skincare over the last 25 years, her signature treatments offer skin transformations backed by the proven power of molecular science.

### **SUPER ANTI-AGING FACIAL**

The Super Anti-Aging Facial replenishes moisture reservoirs, promoting the skin's natural barrier function and reduces the appearance of fine lines and wrinkles, resulting in a smoother and more youthful complexion. Long and short-chain hyaluronic acid molecules in the Super Anti-Aging Serum are infused with strong antioxidants and ingredients which help to repair damaged skin and support regeneration.

Benefits: visibly lifts the skin around the jaw and neck while reducing fine lines and reviving stressed skin

**75 MINUTES**

### **SIGNATURE #STURMGLOW FACIAL**

The Signature #Sturmglow Facial combines thorough cleansing, exfoliation and extractions to leave the skin super clean and refreshed. It also includes Dr. Sturm's Signature Anti-Aging Massage; a unique combination of massage techniques which help increase blood and oxygen flow and tone and define the facial muscles for an instant, youthful-looking complexion. Long and short-chain hyaluronic acid molecules in the hyaluronic ampoule are infused into the skin and provide intensive hydration at both upper and deeper skin layers. The Face Cream Rich boosts moisture and antioxidants help restore and soothe the skin. Special massage techniques boost circulation, enhancing the production of collagen for effective skin repair.

Benefits: targets key areas of concern to instantly smooth fine lines, reduce puffiness, lifts and defines the cheekbones and jawline, giving skin a youthful glow

**60 MINUTES**

## NAIL SALON

# *Polished Perfection*

At Lapis Spa & Wellness, we believe your hands and feet deserve the finest care and attention to every detail. Our luxurious nail treatments are meticulously designed to pamper and provide an indulgent experience, leaving our guests feeling refreshed and rejuvenated.

### FINISHING OPTIONS:

NATURAL/BUFF  
POLISH, DAZZLE DRY, GEL  
FRENCH  
BUILDER GEL, DIP POWDER,  
GEL X

### REMOVAL OPTIONS:

POLISH  
GEL  
DIP  
HARD GEL  
ACRYLIC



## NAIL SALON

### MANICURE SERVICE

#### REVIVING MANICURE

This holistic manicure integrates earth-inspired products and Ayurvedic principles, beginning with a Shankara muscle relief soak. Next, a meticulous cuticle cleanup and gentle microexfoliation are performed, ending with a hydrating hand massage using Shankara's nourishing Body Silk lotion and oil.

Benefits: Balancing, exfoliating, moisturizing, refining, soothing

**45 MINUTES**

#### DEEP SEA MANICURE

Discover a love for deep hydration with the power of marine superfoods. Begin with a nourishing seaweed soak, followed by mineral exfoliation and a brightening hand mask. After a thorough cuticle cleanup, a hydrating massage leaves your hands relaxed and ready for polish.

Benefits: Clarifying, exfoliating, moisturizing, nourishing, rejuvenating, smoothing

**45 MINUTES**

#### RENEWING MANICURE

Revitalize your hands and enhance their natural beauty with proven products like Dazzle Dry, a hypoallergenic, natural nail care system formulated to deliver exquisite tips that air dry in just five minutes. This treatment offers long-lasting results while supporting the health of your nails.

Benefits: Conditioning, exfoliating, hypoallergenic, refining, restorative, smoothing

**60 MINUTES**

#### REFINING GEL MANICURE

For those who are diligent about details, our Refining Gel Manicure is a sophisticated indulgence. Cuticles are cleaned, hands are hydrated, and nails are expertly trimmed. A long-lasting gel polish in your choice of color completes the experience.

Benefits: Conditioning, moisturizing, polishing, refining

**30 MINUTES**

#### EXPRESS MANICURE

A need for speed is no reason to sacrifice quality. The Express Manicure incorporates everything you need for beautifully revived hands including a cuticle clean-up, moisturizing massage, and expert polish application.

\*Gel polish removal can be included for an additional charge.

Benefits: Conditioning, moisturizing, polishing, refining

**30 MINUTES**

## NAIL SALON

### PEDICURE SERVICE

#### REVIVING PEDICURE

This holistic pedicure begins with a calming Shankara aromatherapy breathwork ritual and a muscle-soothing menthol foot soak. A moisturizing foot mask follows, then an Ayurvedic foot massage for a complete sense of well-being. After calluses are removed and cuticles are cleaned up, your choice of regular polish is applied.

Benefits: Balancing, stimulating, moisturizing, refining, soothing

**60 MINUTES**

#### DEEP SEA DETOX PEDICURE

Soothe your tired feet with the healing power of deep-sea minerals. Begin with a hydrating foot soak, followed by mineral salt exfoliation and a super-humectant mask. Cuticles are groomed and calluses softened, finishing with a relaxing foot massage using Osea Anti-Aging Body Balm and Undaria Body Oil.

Benefits: Brightening, clarifying, moisturizing, nourishing, smoothing

**60 MINUTES**

#### RENEWING PEDICURE

Rejuvenate your feet with specially formulated ingredients and essential oils that stimulate callus-prone skin. A relaxing massage melts away tension. The experience is elevated with Dazzle Dry, a cruelty-free, natural nail care system that delivers long-lasting results with an air-dried polish that sets in five minutes.

Benefits: Restorative, conditioning, hypoallergenic, polishing, refining, smoothing

**60 MINUTES**

#### REFINING PEDICURE

Give your feet the care and relief they deserve with this in-depth pedicure treatment. Soak away tension before undergoing a revitalizing exfoliation. Nails are cut or filed and cuticles cleaned. Surrender to a calming foot massage before nails are buffed or polished to perfection.

Benefits: Conditioning, moisturizing, polishing, refining

**45 MINUTES**

#### EXPRESS PEDICURE

The Express Pedicure offers a hydrating foot soak, cuticle cleanup, nail trim and shaping, and lotion application. Toes are then polished using a regular polish of your choice.

**30 MINUTES**

# ETIQUETTE

## APPOINTMENTS

A spa concierge can assist with appointments or you may reserve through our online portal. All appointments must be secured with a credit card at time of booking and you must provide identification upon arrival. For your convenience, a 20% service charge is added to all spa and nail salon treatments. If you must cancel your appointment, we ask that you do so at least 24 hours in advance to avoid any cancellation fees.

## ADMISSION

Guests must be 18 years or older to use the spa facilities. We ask that all cell phones, cameras, and personal electronic devices be turned off and that you refrain from taking photos inside the spa.

## ARRIVAL

We encourage you to arrive at least 45 minutes prior to the start of your scheduled treatment, so you may enjoy the spa facilities. We advise you to avoid shaving 24 hours prior to your scheduled facial or body treatments.

## ATTIRE

Lapis Spa provides both co-ed and separate men's and women's locker areas. Swimwear must be worn at all times while in the co-ed area.

Clothing is optional in the separate men's and women's areas.

# LAPIS SPA

## Information

Our highly skilled therapists and aestheticians are dedicated to ensuring your visit is nothing short of extraordinary. Whether you seek deep relaxation, rejuvenation, or a luxurious escape from the everyday, we have tailored treatments designed to cater to your every need. We eagerly await your visit.

### HOURS OF OPERATION

MON – SUN | 9AM – 7PM

*Spa facility access and treatments are exclusive to only registered hotel guests Friday – Sunday*

### SCHEDULE TREATMENT

702-678-4300

lapisspaservices@fbblasvegas.com

